



**Wellow**  
Primary School

## Year 5 Bikeability

10th October - 13th October 2016

Year 5 enjoyed taking part in Bikeability this week. They began by learning about safe clothing for cycling, including appropriate footwear, a correctly fitting helmet and high visibility clothing. They were also taught how to check that their bikes are safe to ride and to be considerate of each other when cycling.

Before moving on to cycling on the road, the instructors taught the class about important road signs that they needed to understand.



Once out on the road, the children practised cycling safely, using arm signals when required. After the four days of Bikeability the children were awarded their badges and certificates.